THE REPUBLIC OF VANUATU

RECORDS OF HOURS OF
WORK/REST (MLC, 2006)

Name of Ship: IMO Number: Flag of Ship: Vanuatu Seafarer (full name):

Position/Rank: Month and Year: Watchkeeper: Yes ☐ No ☐

Please indicate whether this records hours of WORK ☐ REST ☐

Please mark periods of work or rest with an "X:"

Date	0 0	1 0	2 0	3 0	4 0	5 0	6 0	7 0	8 0	9 1	0 1	1 1	2 1	3 1	4 1	5 1	6 1	7 1	8 1	9 2	0 2	1 2	2 2	3	Hours of rest in 24-h period	Comments